

## **VITA**

Dr. Donovan Ross  
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### **EDUCATION:**

Ph.D. in Health Promotion	University of Kentucky	Fall 2021
M.A. in Exercise Science	Sam Houston State University	Spring 2012
B.S. in Health	Sam Houston State University	Fall 2009

### **TEACHING EXPERIENCE:**

Assistant Professor	Morehead State University	Spring 2022 – Fall 2024
Adjunct Instructor/TA	University of Kentucky	Fall 2015 – Spring 2020
Adjunct Instructor	Sam Houston State University	Fall 2011 – Spring 2012

### **OTHER WORK EXPERIENCE:**

Personal Trainer	24 Hour Fitness	2014 – 2015
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### **CERTIFICATIONS:**

CSCS	National Strength and Conditioning Association	2014 – Present
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### **PROFESSIONAL DEVELOPMENT EXPERIENCES:**

#### **Methods for Building Relationship-Rich Classrooms for Students**

Morehead State University  
September 20, 2023

#### **Methods for Building Relationship-Rich Classrooms for Students**

Morehead State University  
September 6, 2023

#### **Collaborative Institutional Training Initiative (CITI Program)**

Morehead State University (online)  
March 13, 2023

#### **Welcoming Diversity, Equity and Inclusion National Coalition Building Institute**

Morehead State University (online)  
November 28-29, 2022

7/29/2024

**KYSHAPE Fall Conference**

Berea College

November 13-14, 2022

**Search Committee Advising Course**

Morehead State University (online)

September 23, 2022

**Mosaic: Prevent Discrimination and Harassment Together**

Morehead State University (online)

April 29, 2022

**Research and Sponsored Programs Orientation Session: Grant Writing**

Morehead State University

April 27, 2022

**REFERRED PUBLICATIONS:**

Whitney, E. & Ross, D. (2017). Games as a force for good: Strategies for incorporating Pokémon Go in the classroom. *KAHPERD Journal*, 54(2), 18-23.

**REFERRED PRESENTATIONS:**

Ross, D. & Whitney, E. (2018). Student attitudes and perceptions toward classroom-based physical activity. KAHPERD 2018, Lexington, KY.

Ross, D. & Whitney, E. (2018). Perceived benefits and barriers of classroom physical activity breaks. Research Presentation. ASHA 2018, Indianapolis, IN.

Ross, D. & Whitney, E. (2017). Student attitudes and perceptions toward classroom-based physical activity: A focus group study. KAHPERD 2017, Lexington, KY.

Whitney, E. & Ross, D. (2017). Games as a force for good: Strategies for incorporating Pokémon Go in the classroom. ASHA 2017, St. Louis, MO.

Whitney, E. & Ross, D. (2017). Games as a force for good: Strategies for incorporating Pokémon Go in the classroom. GLOCER 2017, Sarasota, FL.

Ross, D. & Whitney, E. (2016). Pokémon Go: A Beginner's Guide. KAHPERD 2016, Lexington, KY.

**OTHER RELEVANT INFORMATION:**

Courses Taught:

Morehead State University

- HLTH 151 – Wellness: Theory to Action (online)
- HLTH 310 – Health & Wellness Promotion

7/29/2024

- HLTH 425 – Planning & Managing Health & Wellness Programs
- PHED 205 – Lifetime Fitness
- PHED 301 – Evaluation in Exercise Science
- PHED 332 – Principles of Strength & Conditioning

University of Kentucky

- KHP 106 – Beginning Tennis
- KHP 112 – Volleyball
- KHP 114 – Racquetball
- KHP 118 – Walk/Jog
- KHP 120 – Beginning Weight Training
- KHP 121 – Intermediate Weight Training
- KHP 230 – Human Health & Wellness
- KHP 300 – Psychology & Sociology of PE & Sport

Sam Houston State University

- KIN 114 – Basic Weight Training
- KIN 115 – Fitness for Living

**PROFESSIONAL MEMBERSHIPS:**

National Strength and Conditioning Association	2023 – Present
Society for Public Health Education	2023 – Present